

We all make mistakes. We all "do the wrong thing" with our children. Lucky for us, most children are remarkably tough, loving and forgiving people. So if you goof, don't give up. But try again. And don't be afraid to say to your child, "I'm trying to work out some ways of being a better parent. What I just did was not what I want to do. I'm sorry and I'm going to try again."

Jennifer Birkmayer, in "Discipline Is Not a Dirty Word," Cornell Cooperative Extension

For more information about child abuse prevention contact:



13740 Research #R-4 Austin, TX 78750
512/250-8438 512/250-8733 (fax)
pcatx@preventchildabusetexas.org
www.preventchildabusetexas.org

***It shouldn't hurt to be
a child***

QUICK TIPS FOR PARENTS

Listening-Cooperation-
Punishment

